

Resources for At Risk Youth and Families in King County

South King County

Mental Health Evaluations/Counseling

Valley Cities Counseling	253-939-4055
Auburn Youth Resources	253-939-2202
Renton Area Youth & Family Services	425-271-5600
Sound Mental Health	206-302-2300
Navos	206-248-8226
Asian Counseling Services	206-695-7600
Consejo Counseling	206-461-4880
REWA	206-721-0243

Drug/Alcohol Evaluations

Kent Youth & Family Services	253-859-0300
Auburn Youth Resources	253-939-2202
Valley Cities Counseling	253-939-4055
Ryther Child Center	206-525-5050
Intercept – Federal Way	253-941-7555
Lakeside Milam - Auburn	253-859-6436
Renton	206-248-4358
Federal Way	253-942-8686

GED/Job Training Programs

Youth Source	206-205-3510
Highline C.C.	206-878-3710 ext. 3355
South Seattle C.C.	206-764-7946
Green River C.C.	253-833-9111 ext. 2641
King County Work Training	206-296-5220
Job Corps	206-622-6593
Washington Youth Academy	360-473-2600
Multi-Service Center	253-838-6810
YouthForce	206-344-3310
YouthatWork.info	
SnagAJob.com	
Teens4hire.org	

Parent Support/Classes

Changes	888-468-2620
Kent Youth & Family Services	253-859-0300 ext. 3030
Parent Trust	800-932-4673
C.H.A.D.D.	206-264-5521
ADD Resources	253-759-5085
S. King Resource Support Group	253-876-3454
Sound Mental Health - Cathy Callahan-Clem, Parent Coordinator/Peer Counselor	206- 459-6467
REWA	206-721-0243

East/North King County**Mental Health Counseling/Evals & Drug/Alcohol Evals & Treatment**

Youth Eastside Services – Bellevue/Kirkland/Redmond	425-747-4937
Catholic Community Services (CCS) – Bellevue	425-284-2211
Consejo Counseling & Referral Service – Bellevue	
Therapeutic Health Services	425-747-7892
Public Health	206-205-3975
Asian Counseling & Referral Service – Bellevue	425-562-2913
Center for Human Services – North Seattle	206-362-7282
Mercer Island Youth & Family Services – Mercer Island	206-236-3525
Northshore Youth & Family Services	425-485-6541
Pioneer Human Services/NW Youth & Family Services	206-527-1405
Friends of Youth – Issaquah	425-392-6367
Community Psychiatric Clinic – North Seattle -	203-632-5009
Ryther Child Center – Seattle	206-525-5050
REWA	206-721-0243

Lakeside Milam

Edmonds	425-670-3664
Issaquah	425-392-8468
Bellevue	425-452-8343
Kirkland	425-822-5095

Psychiatric Evaluations

Sound Mental Health – Bellevue	425-653-4900
Community Psychiatric Clinic – North Seattle	206-461-3614

Parent/Teen Mediation

Bellevue Parent/Teen Mediation – Bellevue	425-452-4091
---	--------------

Peace Council – Community-based, County-wide	206-328-5774
Peace Table (Teen Hope) – Shoreline	206-542-2746

Anger Management

Youth Eastside Services – Bellevue, Kirkland, Redmond	425-747-4937
S.T.A.R.T. – Redmond	425-882-0820
Center For Human Services – North Seattle	206-362-7282

GLBTQ Support

Youth Eastside Services: B-GLAD – drop-in support group, ages 12-19	425-747-4937
---	--------------

Parent Support

Eastside Family Resource Support Group – Cathy Clem	425-653-4917
Seattle Metro Resource Support Group – Gina Mauceri	206-302-2344
Changes – Redmond, Seattle	888-468-2620
C.H.A.D. (ADD/ADHD resource)	206-264-5521
Sound Mental Health - Kim Thomas, Parent Coordinator/Peer Counselor	206-302-2344
REWA	206-721-0243

Seattle/Vashon Island

Counseling

Central Youth and Family Services (THS)	206-322-7676
Southeast Youth and Family Services	206-721-5542
Southwest Youth and Family Services – Robert Gant	206-937-7680
Atlantic Street Center	206-329-2050
Vashon Youth and Family Services	206-463-5511
Asian Counseling & Referral Service	206-695-7600
	206-467-1563
Consejo Counseling & Referral Service	206-461-4880
El Centro de la Raza	206-329-9442
Filipino Community of Seattle	206-722-9372
Horn of Africa -	206-760-0550
United Indians of All Tribes	206-285-4425
Community Psychiatric Clinic	206-461-3614
REWA	206-721-0243

Drug/Alcohol Evaluations and Treatment

Central Youth and Family Services (THS)	206-322-7676
Lakeside-Milam	
Seattle – Downtown	206-341-9373
Seattle – South	206-248-4358

Mental Health Evaluations/Counseling[Sound Mental Health](#)

206-302-2300

[Navos](#)

206-248-8226

[Community Psychiatric Clinic](#)

206-461-3614

[Central Youth and Family Services \(THS\)](#)

206-322-7676

[REWA](#)

206-721-0243

Anger Management[Southeast Youth and Family Services](#)

206-721-5542

[STEP-UP Youth Counseling](#)

206-296-7841

[YMCA – “Teach Change”](#)

206-382-5003

GLBTQ Support[Lambert House](#)

206-322-2515

Parent Support[Changes Parent Support Groups](#)

1-888-468-2620

[REWA](#)

206-721-0243

King County Wide**Jobs**[King County Work Training](#)

206-296-5220

[Job Corps](#)

206-622-6593

[Washington Youth Academy](#)

360-473-2600

Youth Source

206-205-3510

[YouthForce](#)

206-344-3310

[YouthatWork.info](#)[SnagAJob.com](#)[Teens4hire.org](#)**Commercially Sexually Exploited Youth**[Resources in King County](#)**Therapeutic Programs**[National Association of Therapeutic Schools and Programs](#) –search for programs all over the nation

Drug/Alcohol Testing

ADS – American Diagnostics Seattle

412 South Orcas Street, Suite 114

Seattle, WA 98108

Phone: 206-762-4456

Hours: 8:00am-5:00pm, Monday-Friday

Cost: The standard 5 substances detection is \$28.50, 10 substances detection is \$38.50.

There is an additional \$5 fee for adulterant detection.

Additional Information: Alcohol and drug testing. Court admissible results. Random urine analysis is offered. Monitored urine analysis is offered for males, in lieu of monitored urine analysis for females, saliva and hair follicle testing can be arranged. Cheek sampling also offered. They also offer paternity tests, DNA tests, pre-employment testing, and background checks.

Business Health Link – Swedish Hospital

5300 Tallman Ave NW

Seattle, WA 98107

Phone: 206-781-6242

Email: ema@swedish.org

Website: www.swedish.org/services/Business-Health-Link

Hours: Monday-Friday, 8:00am-4:30pm or by appointment.

Additional Information: Business Health Link is walk-in clinic (be there by 3:30pm for walk in).

Services provided by experienced, trained technicians include:

- In-clinic and on-site collections for employer-sponsored testing
- Employer drug-policy development and supervisory training
- Confidential in-clinic screening for individuals on a self-pay basis
- Instant alcohol breath analysis results
- Rapid results on drug analysis provided by a local lab that has been certified by the Substance Abuse and Mental Health Services Administration
- Testing for license applications and renewals under the Federal Aviation Administration, Federal Highway Administration and the U.S. Coast Guard
- Medical review officer services on Department of Transportation (DOT) and non-DOT drug screens

Photo ID required.

Sterling Reference Laboratories

Phone: 253-552-1551

Toll Free: 1-800-442-0438

Email: support@regtox.com

Website: www.sterlingreflabs.com

Additional Information: Offers random and monitored urine analyses upon request- there is a

\$25 fee for monitored urine analysis. All court ordered drug and alcohol assessments need to provide information for where to send results.

Central Office

624 Martin Luther King Jr. Way
Tacoma, WA 98405
Phone: 253-552-1551
Fax: 253-552-1549
Hours: Monday-Friday, 6:30am-5:00pm

Tacoma Branch

3716 Pacific Avenue, Suite C
Tacoma, WA 98148
Phone: 253-472-0458
Fax: 800-605-9415
Hours: Monday-Friday, 10 am - 7:00pm; **closed** 12:00pm-1:00pm everyday.

Seattle Branch

1221 Madison St., Suite 901
Seattle, WA 98104
Phone: 206-324-2222
Fax: 800-861-0265
Hours: Monday-Friday, 10:00am-8:00pm; **closed** 12:00pm-2:00pm everyday.

Spokane Branch

2205 North Monroe St
Spokane, WA 99205
Phone: 509-327-3542
Fax: 800-878-6815
Hours: Monday - Friday 10:00am - 7:00pm; **closed** 12:00pm-1:00pm everyday.

Valley Occupational Health Services

1000 Auburn Way South
Auburn, WA 98002
Phone: 253-395-2002
Hours: Monday-Friday 6:00am-6:00pm
Cost: Private walk-in is \$50 for 5 panel, \$60 for 10 panel; observed urine analyses are \$75.
Additional Information: Appointments can be made. Walk-ins need to come in before 5:30pm.

Work Clinic

13030 Military Road South Suite 100
Tukwila, WA 98168
Phone: 206-243-9675
Hours: Monday-Friday, 7:30 am - 5:00 pm; 4:30 is latest appointment for drug screening
Cost: 5 panel test is \$35, cost increases with panel size; 5 panel plus alternate opiate is \$40; 5 panel plus alternate amphetamine is \$42; 5 panel including the alternate opiate and the alternate

amphetamine is \$48. Breath alcohol testing is \$25 and no charge for confirmation test. Prices are subject to change.

Additional Information: All tests are observed, but not random. Need to bring information for report release. Medical Review Officer (MRO) is available for \$10 or \$30.